

BENJAMIN H. WILSON SENIOR COMMUNITY CENTER

215-672-8380

MENU

JANUARY 2015

HOT LUNCH

COLD LUNCH

Monday, January 05, 2015	TUNA NOODLE CASS'ROLE	NO COLD
Tuesday, January 06, 2015	THEME MENU	
Wednesday, January 07, 2015	ROAST BEEF AU JUS	GRILLED CHICKEN SANDWICH
Thursday, January 08, 2015	HONEY LEMON CHICKEN	CHICKEN PASTA SALAD
Friday, January 09, 2015	BEEF STEW	TURKEY HAM & CHEESE ON WW
Monday, January 12, 2015	TURKEY A LA KING	NO COLD
Tuesday, January 13, 2015	BAKED TILAPIA	CHEESE & FRUIT PLATE
Wednesday, January 14, 2015	BEEF A RONI	ITALIAN HOAGIE
Thursday, January 15, 2015	ROAST TURKEY DINNER	ORIENTAL CHICKEN SALAD
Friday, January 16, 2015	CHEESEBURGER	TUNA SALAD PLATE
Monday, January 19, 2015	CLOSED - MLK DAY	
Tuesday, January 20, 2015	CHICKEN CACCIATORE	TURKEY CLUB SANDWICH
Wednesday, January 21, 2015	MEATLOAF W/ GRAVY	CHICKEN SALAD
Thursday, January 22, 2015	SAUS. W/PEPPERS SAND.	CORNERED BEEF SPECIAL
Friday, January 23, 2015	BEEF STROGANOFF	AMERICAN HOAGIE
Monday, January 26, 2015	BBQ CHICKEN SANDWICH	NO COLD
Tuesday, January 27, 2015	SALISBURY STEAK	EGG SALAD PLATTER
Wednesday, January 28, 2015	CHICKEN CORDON BLEU	TURKEY WRAP
Thursday, January 29, 2015	ZITI & MEATBALLS	CHICKEN CAESAR SALAD
Friday, January 30, 2015	ROASTED CHICKEN BREAST	TUNA MACARONI SALAD

**PLEASE CALL THE CENTER IF YOU HAVE TO
CANCEL, SO WE MAY SERVE MEMBERS
WHO ARE ON OUR WAITING LIST.**

THE SUGGESTED MEAL DONATION AMOUNT IS \$2.00